

**Supplementary data for:**

**A sterol database: GC/MS data and occurrence of 150 sterols in seventy-four oils**

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Table S1: Matrices with independent replicates, their differences, and if their sterol pattern was different.

Matrix	number of samples	variety	difference
avocado oil	2	native/raffinated	yes
moringa oil	3	native/raffinated	yes
neem oil	3	supplier	yes
sea buckthorn oil	4	supplier, seed/pulp	yes
tea seed oil	3	supplier, subspecies	yes
amaranth oil	2	supplier	no
argan oil	5	supplier	no
apricot kernel oil	2	supplier	no
baobab oil	2	supplier	no
borage oil	2	supplier	no
(sour) cherry oil	2	supplier, subspecies	no
grape seed oil	2	supplier	no
macadamia oil	2	supplier	no
pomegranate seed oil	2	supplier	no
poppy seed oil	2	subspecies	no
pumpkin oil	2	supplier	no
quinoa	2	supplier	no
rapeseed oil	8	supplier, native/raffinated, fruit/kernel	no
raspberry seed oil	2	supplier	no
rose hip seed oil	2	supplier	no
rice bran oil	2	supplier	no
safflower oil	2	supplier	no
shea butter	3	supplier, subspecies	no
watermelon	2	subspecies	no

Table S2: GC/MS data of detected silylated sterols along with assignment level and prevalence in the matrices

Nr.	compound	RRT	RI <sub>FAP</sub>	base peak	cn:db	db Δ-Position	level	detected in	comments
1	5 $\alpha$ -cholestane	1.00	1866	217	27:0	0	1	74	
1 <sub>0</sub>	coprostanol (5 $\beta$ -cholestanol)	1.21	2055	215	S <sub>0</sub> 27:0	0	1	0	in cholestanol standard
2 <sub>0</sub>	cholesterol	1.29	2124	129	S <sub>0</sub> 27:1	$\Delta$ 5	1	67	
3 <sub>0</sub>	cholestanol (5 $\alpha$ )	1.31	2135	215	S <sub>0</sub> 27:0	0	1	4	
4 <sub>0</sub>	unknown_2140	1.31	2140	129	S <sub>0</sub> 28:1	$\Delta$ 7	4	4	
5 <sub>0</sub>	$\Delta$ 8-cholesterol	1.32	2148	458	S <sub>0</sub> 27:1	$\Delta$ 8	2	5	
6 <sub>0</sub>	unknown_2150	1.33	2150	129	S <sub>0</sub> 27:2	$\Delta$ 5,SC	4	1	
7 <sub>0</sub>	desmosterol	1.33	2152	129	S <sub>0</sub> 27:2	$\Delta$ 5,24(25)	2	2	
8 <sub>0</sub>	unknown_2153	1.33	2153	253	S <sub>0</sub> 28:3	$\Delta$ 7,SC,SC	4	1	
9 <sub>0</sub>	brassicasterol	1.34	2164	129	S <sub>0</sub> 28:2	$\Delta$ 5,22	2	19	
10 <sub>0</sub>	5 $\beta$ -campestanol*	1.34*	2165*	215	S <sub>0</sub> 28:0	0	3	0	
11 <sub>0</sub>	unknown_2176	1.36	2176	129/458	S <sub>0</sub> 28:1	$\Delta$ 8	4	3	
12 <sub>0</sub>	unknown_2176b	1.36	2176	n/a	S <sub>0</sub> 28:1	n/a	3	1	brassicastanol (22-dehydrobrassicastanol)
13 <sub>0</sub>	ergosta-7,14,22-trienol	1.36	2176	253	S <sub>0</sub> 28:3	$\Delta$ 7,14,22	2	1	
14 <sub>0</sub>	lathosterol	1.37	2183	255	S <sub>0</sub> 27:1	$\Delta$ 7	2	14	
15 <sub>0</sub>	zymosterol	1.37	2186	456	S <sub>0</sub> 27:2	$\Delta$ 8,24(25)	2	1	
16 <sub>0</sub>	24-methylene-ergosta-5,22,24-trienol	1.37	2186	129	S <sub>0</sub> 28:3	$\Delta$ 5,22,24(24 <sup>1</sup> )	2	1	
17 <sub>1</sub>	unknown_2188	1.37	2188	129	S <sub>1</sub> 28:1	n/a	4	1	4-methylsterol
18 <sub>1</sub>	unknown_2192	1.38	2192	129	S <sub>1</sub> 30:2	<sup>6</sup> r <sub>17,18</sub>	4	0	only after SPE (amyrin 1)
19 <sub>0</sub>	ergosterol	1.39	2200	253	S <sub>0</sub> 28:3	$\Delta$ 5,7,22	1	1	
20 <sub>1</sub>	1. 4 $\alpha$ -methyl-24(25)-dihydrozymosterol	1.40	2203	472	S <sub>1</sub> 28:1	$\Delta$ 8(14)	3	4	4-methylsterol
21 <sub>0</sub>	unknown_2204	1.40	2204	129	S <sub>0</sub> 28:2	$\Delta$ 5	4	10	
22 <sub>1</sub>	31-nor-24(25)-dihydrolanosterol	1.40	2212	472	S <sub>1</sub> 29:1	$\Delta$ 8(9)	2	4	4-methylsterol
23 <sub>0</sub>	24-methylenecholesterol	1.40	2213	129	S <sub>0</sub> 28:2	$\Delta$ 5,24(24 <sup>1</sup> )	2	53	
24 <sub>0</sub>	stellasterol	1.40	2213	255	S <sub>0</sub> 28:2	$\Delta$ 7,22	2	1	
25 <sub>0</sub>	campesterol/dihydrobrassicasterol**	1.41	2220	129	S <sub>0</sub> 28:1	$\Delta$ 5	1	68	
26 <sub>1</sub>	4 $\alpha$ -methyl-24(25)-dihydrozymosterol	1.41	2220	472	S <sub>1</sub> 28:1	$\Delta$ 8(9)	2	0	only after SPE, 4-methylsterol
27 <sub>0</sub>	5 $\beta$ -sitostanol	1.41	2220	129	S <sub>0</sub> 29:0	0	2	0	in stigmasterol standard after hydrogenation
28 <sub>1</sub>	unknown_2224	1.41	2224	129	S <sub>1</sub> 30:2	<sup>6</sup> r <sub>17,18</sub>	4	1	amyrin
29 <sub>0</sub>	unknown_2227	1.41	2227	213	S <sub>0</sub> 29:2	$\Delta$ 7,SC	4	8	
30 <sub>0</sub>	unknown_2228	1.41	2228	129	S <sub>0</sub> 29:2	$\Delta$ 5,SC	4	1	
31 <sub>1</sub>	unknown_2229	1.41	2229	129	S <sub>1</sub> 30:2	$\Delta$ 5 <sup>6</sup> r <sub>17,18</sub>	3	2	l. glutinol
32 <sub>0</sub>	24(24 <sup>1</sup> )-dehydroergosterol	1.42	2230	211	S <sub>0</sub> 28:4	$\Delta$ 5,7,22,24(24 <sup>1</sup> )	2	1	
33 <sub>0</sub>	ergosta-8,24(24 <sup>1</sup> )-dienol (fecosterol)	1.42	2230	211	S <sub>0</sub> 28:2	$\Delta$ 8,24(24 <sup>1</sup> )	2	1	
34 <sub>0</sub>	campestanol/ergostanol**	1.42	2231	215	S <sub>0</sub> 28:0	0	2	59	
35 <sub>0</sub>	ergosta-7,22-dienol	1.42	2237	470	S <sub>0</sub> 28:2	$\Delta$ 7,22	2	4	
36 <sub>0</sub>	5-dehydroepisterol	1.43	2237	129	S <sub>0</sub> 28:3	$\Delta$ 5,7,24(24 <sup>1</sup> )	2	1	
37 <sub>2</sub>	dihydroagnosterol	1.43	2242	498/253	S <sub>2</sub> 30:2	$\Delta$ 7,9(11)	2	1	
38 <sub>0</sub>	$\Delta$ 8-campesterol/ergost-8-enol**	1.43	2242	472	S <sub>0</sub> 28:1	$\Delta$ 8	2	13	
39 <sub>0</sub>	stigmasterol/poriferasterol	1.43	2242	129	S <sub>0</sub> 29:2	$\Delta$ 5,22	1	68	
40 <sub>0</sub>	unknown_2242	1.43	2242	n/a	S <sub>0</sub> 28:3	n/a	4	1	
41 <sub>0</sub>	unknown_2243	1.43	2243	255	S <sub>0</sub> 29:2	$\Delta$ 7,SC	4	1	
42 <sub>2</sub>	parkeol	1.43	2243	129	S <sub>2</sub> 30:2	$\Delta$ 9(11),24(25)	2	2	
43 <sub>0</sub>	unknown_2244	1.43	2244	129	S <sub>0</sub> 29:0	0	4	0	in stigmasterol standard after hydrogenation
44 <sub>1</sub>	unknown_2251	1.43	2251	484	S <sub>1</sub> 29:2	n/a	4	6	4-methylsterol
45 <sub>1</sub>	unknown_2251b	1.43	2251	129	S <sub>1</sub> 29:2	n/a	4	3	14-methyl-4-methyl-sterol 1
46 <sub>0</sub>	unknown_2253	1.43	2253	129	S <sub>0</sub> 28:2	$\Delta$ 5,SC	4	1	
47 <sub>0</sub>	stigmasta-22-enol	1.44	2256	486	S <sub>0</sub> 29:1	$\Delta$ 22	2	23	in partly hydrogenated stigmasterol standard
48 <sub>1</sub>	lophenol	1.44	2258	472	S <sub>1</sub> 28:1	$\Delta$ 7	2	4	
49 <sub>2</sub>	dihydrolanosterol	1.44	2261	129	S <sub>2</sub> 30:1	$\Delta$ 8	2	5	
50 <sub>0</sub>	unknown_2261	1.44	2261	213	S <sub>0</sub> 28:2	$\Delta$ 7,SC	4	2	
51 <sub>0</sub>	ergosta-5,7-dienol	1.44	2262	129	S <sub>0</sub> 28:2	$\Delta$ 5,7	2	1	
52 <sub>0</sub>	unknown_2267	1.45	2267	255	S <sub>0</sub> 29:2	$\Delta$ 7,SC	4	6	
53 <sub>3</sub>	unknown_2268	1.45	2268	129	S <sub>1</sub> 30:2	$\Delta$ 13(18) <sup>6</sup> r <sub>17,18</sub>	4	0	only after SPE (amyrin 2)
54 <sub>4</sub>	unknown_2269	1.45	2269	129	S <sub>1</sub> 30:2	$\Delta$ 5 <sup>6</sup> r <sub>17,18</sub>	4	0	only after SPE (l. glutinol 1)
55 <sub>0</sub>	campesta-5,24(25)-dienol	1.45	2270	129	S <sub>0</sub> 28:2	$\Delta$ 5,SC	2	46	
56 <sub>0</sub>	unknown_2270b	1.45	2270	213	S <sub>0</sub> 29:1	n/a	4	44	
57 <sub>0</sub>	ergosta-7,24(24 <sup>1</sup> )-dienol (episterol)	1.45	2271	213	S <sub>0</sub> 28:2	$\Delta$ 7,SC	2	3	
58 <sub>0</sub>	unknown_2271	1.45	2271	129	S <sub>0</sub> 29:2	$\Delta$ 5,SC	4	1	

59 <sub>0</sub>	Δ7-campesterol/ ergosta-7-enol (fungisterol)**	1.46	2278	255/472	S <sub>0</sub> 28:1	Δ7	2	57	
60 <sub>0</sub>	unknown_2279	1.46	2279	129	S <sub>0</sub> 29:2	Δ5,23	3	19	Δ5,23-stigmastadienol
61 <sub>0</sub>	unknown_2282	1.46	2282	486	S <sub>0</sub> 29:1	Δ8	4	22	
62 <sub>2</sub>	agnosterol	1.46	2285	496/253	S <sub>2</sub> 30:3	Δ7,9(11),24	2	1	
63 <sub>0</sub>	clerosterol	1.46	2285	129	S <sub>0</sub> 29:2	Δ5,25	2	66	
64 <sub>0</sub>	unknown_2285	1.46	2285	484	S <sub>0</sub> 29:2	Δ7,SC	4	1	
65 <sub>2</sub>	unknown_2292	1.46	2292	484	S <sub>2</sub> 30:2	n/a	4	1	I. lanosterol 1
66 <sub>2</sub>	lanosterol	1.48	2303	129	S <sub>2</sub> 30:2	Δ8(9),24	2	72	only after SPE distinguishable from obtusifoliol
67 <sub>1</sub>	obtusifoliol	1.48	2303	129	S <sub>1</sub> 30:2	Δ8(9),24(24 <sup>1</sup> )	3	0	only after SPE distinguishable from lanosterol
68 <sub>0</sub>	β-sitosterol/ clionasterol	1.48	2303	129	S <sub>0</sub> 29:1	Δ5	1	67	
69 <sub>0</sub>	stigmasta-7,22,25-trienol	1.48	2303	255	S <sub>0</sub> 29:3	Δ7,22,25	2	3	
70 <sub>0</sub>	spinasterol	1.48	2303	255	S <sub>0</sub> 29:2	Δ7,22	2	6	
71 <sub>0</sub>	fucosterol	1.48	2303	129	S <sub>0</sub> 29:2	Δ5,24(24 <sup>1</sup> )	2	1	
72 <sub>0</sub>	unknown_2309	1.49	2309	213	S <sub>0</sub> 29:2	Δ7,SC	4	3	
73 <sub>t</sub>	unknown_2312	1.49	2312	189	S <sub>1</sub> 30:2	Δ18 <sup>6</sup> <sub>r17,18</sub>	4	0	only after SPE (I. germanicol)
74 <sub>t</sub>	δ-amyrin	1.49	2315	189	S <sub>1</sub> 30:2	Δ13(18) <sup>6</sup> <sub>r17,18</sub>	2	11	
75 <sub>1</sub>	unknown_2315	1.49	2316	129	S <sub>1</sub> 29:2	n/a	4	0	only after SPE (14-methyl-4-methyl-sterol 2)
76 <sub>0</sub>	sitostanol	1.49	2316	215	S <sub>0</sub> 29:0	0	2	68	
77 <sub>0</sub>	Δ5-avenasterol (isofucosterol)	1.49	2316	129	S <sub>0</sub> 29:2	Δ5,24	2	69	
78 <sub>0</sub>	stigmasta-7,24-dienol	1.49	2316	484	S <sub>0</sub> 29:2	Δ7,24(24 <sup>1</sup> )	2	2	
79 <sub>2</sub>	unknown_2316	1.49	2316	129	S <sub>2</sub> 30:2	n/a	4	4	I. lanosterol 2
80 <sub>t</sub>	β-amyrin	1.50	2322	218	S <sub>1</sub> 30:2	Δ12 <sup>6</sup> <sub>r17,18</sub>	2	44	
81 <sub>0</sub>	Δ8-sitosterol	1.50	2322	486	S <sub>0</sub> 29:1	Δ8	3	45	
82 <sub>2</sub>	cycloartanol	1.51	2326	129	S <sub>2</sub> 30:1	0 <sup>3</sup> <sub>r9,10</sub>	2	3	
83 <sub>t</sub>	unknown_2326	1.51	2326	129	S <sub>1</sub> 30:2	<sup>6</sup> <sub>r17,18</sub>	4	1	amyrin
84 <sub>0</sub>	unknown_2327	1.51	2327	129	S <sub>0</sub> 29:2	Δ5,SC	4	1	
85 <sub>2</sub>	butyrospermol	1.51	2331	129	S <sub>2</sub> 30:2	Δ7,24	2	32	
86 <sub>0</sub>	stigmasta-5,24(25)-dienol	1.52	2337	129	S <sub>0</sub> 29:2	Δ5,24(25)	2	60	
87 <sub>0</sub>	unknown_2339	1.52	2339	213	S <sub>0</sub> 29:2	Δ7,SC	4	2	
88 <sub>t</sub>	unknown_2340	1.52	2340	129	S <sub>1</sub> 29:2	Δ18 <sup>6</sup> <sub>r17,18</sub>	4	2	germanicol derivative
89 <sub>2</sub>	unknown_2341	1.52	2341	129	S <sub>2</sub> 31:2	n/a	4	1	I. 24-methylene-24,25-dihydrolanosterol
90 <sub>1</sub>	unknown_2341b	1.52	2341	129	S <sub>1</sub> 29:2	n/a	4	0	only after SPE (I. gramisterol 1)
91 <sub>t</sub>	unknown_2342	1.52	2342	129	S <sub>1</sub> 30:2	n/a	4	0	only after SPE (I. glutinol 2)
92 <sub>t</sub>	unknown_2343	1.52	2343	129	S <sub>1</sub> 30:2	<sup>6</sup> <sub>r17,18</sub>	4	1	amyrin
93 <sub>0</sub>	stigmasta-7,25-dienol	1.52	2344	255	S <sub>0</sub> 29:2	Δ7,25	2	6	
94 <sub>2</sub>	unknown_2344	1.52	2344	129	S <sub>2</sub> 30:2	n/a	4	17	I. lanosterol 3
95 <sub>2</sub>	unknown_2344b	1.52	2344	129	S <sub>2</sub> 30:2	n/a	4	0	only after SPE (I. lanosterol 4)
96 <sub>t</sub>	unknown_2348	1.53	2348	129	S <sub>1</sub> 30:2	n/a	4	5	amyrin
97	unknown_2349	1.53	2349	486	S <sub>2</sub> 30:1	n/a	4	7	
98 <sub>t</sub>	unknown_2351	1.53	2351	129	S <sub>1</sub> 30:2	n/a	4	3	amyrin
99 <sub>2</sub>	24-methylene-24,25-dihydrolanosterol	1.53	2352	129	S <sub>2</sub> 31:2	Δ8,24(24 <sup>1</sup> )	2	43	
100 <sub>1</sub>	gramisterol	1.53	2352	129	S <sub>1</sub> 29:2	Δ7,24(24 <sup>1</sup> )	2	50	
101 <sub>2</sub>	unknown_2357a	1.54	2357	129	S <sub>2</sub> 30:2	n/a	4	2	I. lanosterol
102 <sub>2</sub>	unknown_2357b	1.54	2357	129	S <sub>2</sub> 30:2	<sup>6</sup> <sub>r17,18</sub>	4	7	I. cycloartanol
103 <sub>1</sub>	unknown_2359	1.54	2359	129	S <sub>1</sub> 30:2	n/a	4	0	only after SPE (14-methyl-4-methyl-sterol 3)
104 <sub>0</sub>	Δ7-sitosterol	1.54	2361	255	S <sub>0</sub> 29:1	Δ7	2	58	
105 <sub>2</sub>	unknown_2361	1.54	2361	129	S <sub>2</sub> 30:2	n/a	4	7	I. lanosterol
106 <sub>t</sub>	α-amyrin	1.54	2361	218	S <sub>1</sub> 30:2	Δ12 <sup>6</sup> <sub>r17,18</sub>	2	52	
107 <sub>1</sub>	cycloeucaenol	1.55	2367	129	S <sub>1</sub> 30:2	Δ24(24 <sup>1</sup> ) <sup>3</sup> <sub>r9,10</sub>	2	12	
108 <sub>2</sub>	tirucalol	1.55	2367	129	S <sub>2</sub> 30:2	Δ8(9),24(25)	4	12	
109 <sub>2</sub>	cycloartanol	1.55	2367	129	S <sub>2</sub> 30:2	Δ24(25) <sup>3</sup> <sub>r9,10</sub>	2	66	
110 <sub>t</sub>	lupeol	1.55	2367	189	S <sub>1</sub> 30:2	Δ20 <sup>5</sup> <sub>r17,18</sub>	2	30	
111 <sub>0</sub>	Δ7-avenasterol	1.55	2373	253	S <sub>0</sub> 29:2	Δ7,24(24 <sup>1</sup> )	2	56	
112 <sub>t</sub>	unknown_2374	1.55	2374	218	S <sub>1</sub> 30:2	<sup>6</sup> <sub>r17,18</sub>	4	2	amyrin
113 <sub>1</sub>	unknown_2375	1.55	2375	129	S <sub>1</sub> 30:2	Δ8,24(24 <sup>1</sup> )	3	1	obtusifoliol
114 <sub>2</sub>	unknown_2380	1.56	2380	129	S <sub>2</sub> 30:2	n/a	4	1	4,4-dimethylsterol
115 <sub>1</sub>	unknown_2381	1.56	2381	129	S <sub>1</sub> 30:1	n/a	4	1	4-methylsterol
116 <sub>2</sub>	unknown_2385	1.56	2385	129	S <sub>2</sub> 31:2	n/a	4	3	I. 24-methylene-24,25-dihydrolanosterol 2
117 <sub>t</sub>	unknown_2386	1.57	2386	129	S <sub>1</sub> 30:2	<sup>6</sup> <sub>r17,18</sub>	4	4	amyrin
118 <sub>2</sub>	unknown_2395	1.57	2395	129	S <sub>2</sub> 31:2	<sup>3</sup> <sub>r9,10</sub>	4	3	I. 24-methylenecycloartanol 1
119 <sub>2</sub>	unknown_2396	1.58	2396	129	S <sub>2</sub> 31:2	n/a	4	0	only after SPE (I. 24-methylene-24,25-dihydrolanosterol 3, 28-methylobtusifoliol)

120 <sub>1</sub>	unknown_2400	1.58	2400	129	S <sub>1</sub> 30:2	n/a	4	0	only after SPE (14-methyl-4-methyl-sterol 4)
121 <sub>2</sub>	unknown_2402	1.58	2402	129	S <sub>2</sub> 31:1	<sup>3</sup> r <sub>9,10</sub>	4	0	4,4-dimethylsterol, only after hydrogenation
122 <sub>2</sub>	unknown_2403	1.58	2403	129	S <sub>2</sub> 31:2	n/a	4	3	4,4-dimethylsterol
123 <sub>1</sub>	unknown_2405	1.59	2405	129	S <sub>1</sub> 30:1	n/a	4	1	4-methylsterol
124 <sub>2</sub>	unknown_2407a	1.59	2407	129	S <sub>2</sub> 31:2	<sup>3</sup> r <sub>9,10</sub>	4	3	I. 24-methylenecycloartanol 2
125 <sub>2</sub>	unknown_2407b	1.59	2407	129	S <sub>2</sub> 31:2	n/a	4	2	4,4-dimethylsterol
126 <sub>1</sub>	unknown_2409	1.59	2409	129	S <sub>1</sub> 29:2	n/a	4	1	4-methylsterol, I. gramisterol 2
127 <sub>2</sub>	unknown_2414	1.60	2414	129	S <sub>2</sub> 31:2	n/a	4	1	4,4-dimethylsterol
128 <sub>2</sub>	unknown_2417	1.6	2417	129	S <sub>2</sub> 31:2	Δ23 or Δ25 <sup>3</sup> r <sub>9,10</sub>	4	4	I. 24-methylenecycloartanol 3
129	unknown_2420	1.61	2420	129	S <sub>7</sub> 30:0	n/a	4	1	
130 <sub>2</sub>	24-methylenecycloartanol	1.61	2421	129	S <sub>2</sub> 31:2	Δ24 <sup>3</sup> r <sub>9,10</sub>	2	69	
131 <sub>1</sub>	unknown_2424	1.61	2424	129	S <sub>1</sub> 30:2	n/a	4	3	4-methylsterol 1
132 <sub>2</sub>	unknown_2424b	1.61	2424	129	S <sub>2</sub> 31:1	<sup>3</sup> r <sub>9,10</sub>	4	0	4,4-dimethylsterol, only after hydrogenation
133 <sub>2</sub>	unknown_2426	1.61	2426	129	S <sub>2</sub> 31:2	n/a	4	1	4,4-dimethylsterol
134 <sub>2</sub>	unknown_2431	1.62	2431	129	S <sub>2</sub> 30:2	n/a	4	1	4,4-dimethylsterol
135 <sub>2</sub>	24-methylsterol	1.62	2432	129	S <sub>2</sub> 31:2	Δ8,24	2	1	
136	unknown_2434	1.62	2434	129	S <sub>7</sub> 30:0	n/a	4	1	
137 <sub>1</sub>	unknown_2436	1.63	2436	129	S <sub>1</sub> 30:2	n/a	4	2	4-methylsterol
138 <sub>1</sub>	unknown_2439	1.63	2439	500	S <sub>1</sub> 30:1	n/a	4	13	4-methylsterol, 24α-ethylphenol
139 <sub>1</sub>	unknown_2442	1.63	2442	129	S <sub>1</sub> 30:2	Δ20 <sup>6</sup> r <sub>17,18</sub>	4	12	I. taraxasterol
140 <sub>2</sub>	unknown_2444	1.63	2444	129	S <sub>2</sub> 30:2	n/a	4	2	I. 24-methylene-24,25-dihydrolanosterol 4
141 <sub>1</sub>	erythrodiol	1.64	2449	496	S <sub>1</sub> 30:2	Δ12	2	5	diol, (+ OH an C-28)
142 <sub>1</sub>	citrostadienol	1.65	2453	129	S <sub>1</sub> 30:2	Δ7,24	2	63	
143 <sub>1</sub>	unknown_2454	1.65	2454	129	S <sub>1</sub> 30:2	Δ20 <sup>6</sup> r <sub>17,18</sub>	4	0	I. taraxasterol
144 <sub>2</sub>	unknown_2456	1.66	2456	129	S <sub>2</sub> 31:2	n/a	4	5	4,4-dimethylsterol
145 <sub>2</sub>	unknown_2469	1.66	2469	129	S <sub>2</sub> 31:2	<sup>3</sup> r <sub>9,10</sub>	4	1	4,4-dimethylsterol
146 <sub>2</sub>	cyclobranol	1.68	2486	129	S <sub>2</sub> 31:2	Δ24(25) <sup>3</sup> r <sub>9,10</sub>	2	17	
147 <sub>1</sub>	uvaol	1.69	2489	129/496	S <sub>1</sub> 30:2	Δ12(13)	2	3	diol, (+ OH an C-28)
148 <sub>2</sub>	unknown_2495	1.70	2495	129	S <sub>2</sub> 32:2*	<sup>3</sup> r <sub>9,10</sub>	4	0	4,4-dimethylsterol, only after SPE (isomer 1)
149 <sub>2</sub>	unknown_2510	1.71	2510	129	S <sub>2</sub> 32:2*	<sup>3</sup> r <sub>9,10</sub>	4	2	4,4-dimethylsterol, isomer 2
150 <sub>2</sub>	unknown_2524	1.74	2524	129	S <sub>2</sub> 32:2*	<sup>3</sup> r <sub>9,10</sub>	4	2	4,4-dimethylsterol, isomer 3

\* proposed \*\*24α- and 24β-isomers. The second isomer (24β-configuration) was securely detected only in truffles.

RRT – retention time relative to the internal standard 5α-cholestane, RI<sub>FAP</sub> – FAP-retention index, cn – carbon number, DB – number of double bonds or double bond equivalents (in the case of a cyclopropane ring or pentacyclic backbone such as in cycloartenol and amyrins) with S<sub>0</sub> indicating 4-desmethylsterols and -stanols, S<sub>1</sub> indicating 4-methylsterols, S<sub>2</sub> indicating 4,4-dimethylsterols, and S<sub>t</sub> indicating pentacyclic triterpenoids (e.g. amyrins) according to Schlag *et al.* (2023), Δ – location of double bond(s), n/a – not available, I – isomer, <sup>x</sup>r<sub>y</sub> – ringsystem, x: number of carbon atoms in the ring, y: place in the sterol backbone where the ring is added. Assignment levels: 1) standard available, 2) major sterol, verified by GC/MS data, 3) tentative assignment, 4) unknown: GC/MS equivocal or of insufficient quality according to Schlag *et al.* (2022).

Table S3: Sterol distribution [%] of the detected silylated sterols in 70 analyzed matrices.

Nr.	compound	(a) common edible oils											(b) nut oils					
		a-1	a-2	a-3	a-4	a-5	a-6	a-7	a-8	a-9	a-10	a-11	a-12	a-13	b-14	b-15	b-16	b-17
2 <sub>0</sub>	cholesterol	E	F	F	F	D	F	E	F	F	F	F	E	E	F			F
4 <sub>0</sub>	unknown_2140					F												
5 <sub>0</sub>	Δ8-cholesterol					F												
9 <sub>0</sub>	brassicasterol				F	D				D			F	E				F
14 <sub>0</sub>	lathosterol				F	F												F
21 <sub>0</sub>	unknown_2204		F			F			F			F						F
23 <sub>0</sub>	24-methylenecholesterol	F	D	F	E	D	F	F	E	E	F	E	E	F	F			E
25 <sub>0</sub>	campesterol/ dihydrobrassicasterol	D	B	D	B	A	E	C	C	A	C	B	B	D	E	E	D	C
29 <sub>0</sub>	unknown_2227		D									E		E				
34 <sub>0</sub>	campestanol/ ergostanol	F		F	F	F		F	F	F	E	F	E	F	F	F	F	F
35 <sub>0</sub>	ergosta-7,22-dienol										F							
38 <sub>0</sub>	Δ8-campesterol/ ergost-8-enol					F				F	E			F				
39 <sub>0</sub>	stigmasterol/ poriferasterol	D	D	F	D	F	F	C	E	F	D	D	B	C	E	E	E	D
44 <sub>1</sub>	unknown_2251				E	E												F
47 <sub>0</sub>	stigmasterol-22-enol	F									F		F			F		
55 <sub>0</sub>	campesta-5,24(25)-dienol	F, Z	E, Z	F, Z	E, Z	E, Z		F, Z	E, Z	Z	E, Z	F, Z	Z	Z				F, Z
56 <sub>0</sub>	unknown_2270b	Z	Z	Z	Z	Z		Z	Z	F, Z	Z	Z	F, Z	F, Z				Z
59 <sub>0</sub>	Δ7-campesterol/ ergosta-7-enol (fungisterol)	F	E	F	F	F	F	F	F	F	D, Z	F	F	E		F		E
60 <sub>0</sub>	unknown_2279			F	F	F	F	F	F		Z				F			
61 <sub>0</sub>	unknown_2282										Z			Z			Z	
63 <sub>0</sub>	clerosterol	E	E	E	F	E	F	E	E	F	E, Z	E	F	E, Z	E	F	E, Z	E
66 <sub>2</sub> /67 <sub>1</sub>	lanosterol/obtusifolol	E	D	E	E	E	E	E	E	E	E	E	E	D	E	E	F	D
68 <sub>0</sub>	β-sitosterol/ clionasterol	A	A	A <sup>a</sup>	A	A	A	A <sup>a</sup>	A <sup>a</sup>	A	A	A <sup>a</sup>	A <sup>b</sup>	A <sup>b</sup>	A <sup>a</sup>	A	A <sup>a</sup>	A
74 <sub>t</sub>	δ-amyirin								D							E		
76 <sub>0</sub>	sitostanol	E	E	E	F, Z	F	E	E	E	F	D	E	E	E	E	D	E	E, Z
77 <sub>0</sub>	Δ5-avenasterol (isofucoesterol)	D	D	D	C, Z	C	D	E	C	D	D	C	D	D	C	F	D	D, Z
79 <sub>2</sub>	unknown_2316				Z													Z
80 <sub>t</sub>	β-amyirin	E	E		F	F	E	E	E	F	D		D	E	F	B	F	E
81 <sub>0</sub>	Δ8-sitosterol	F	F							F	E			E		F	F	F
83 <sub>t</sub>	unknown_2326			E														
85 <sub>2</sub>	butyrospermol	E	E	D			D						E			E		F
86 <sub>0</sub>	stigmasterol-5,24(25)-dienol	E	E	E	E	E	F	E	E	F	E	E	F	E	E	F	E	E
94 <sub>2</sub>	unknown_2344	E	E		E													E
96 <sub>t</sub>	unknown_2348															F		
97 <sub>t</sub>	unknown_2349												F, Z					
98 <sub>t</sub>	unknown_2351										D, Z							
99 <sub>2</sub>	24-methylene-24,25- dihydrolanosterol	Z	Z	Z	Z	Z		Z	Z	Z				Z	Z			Z
100 <sub>1</sub>	gramisterol	E, Z	D, Z	F, Z	E, Z	F, Z	E, Z		E, Z	F, Z	Z	E, Z	Z	E, Z	F, Z			E, Z
102 <sub>2</sub>	unknown_2357b	F	Z		E													
104 <sub>0</sub>	Δ7-sitosterol	E	D, Z	F, Z	F	F	F		F	F	C	E, Z	E	C	F, Z	E	E	D
105 <sub>2</sub>	unknown_2361		Z	Z								Z			Z			
106 <sub>t</sub>	α-amyirin	F	E, Z			F	F		F	F	D		E	D	F, Z	A	F	E
108 <sub>2</sub>	tirucalol	B		E			D						D					
109 <sub>2</sub>	cycloartenol	B	B		A	E	D	E	E	E	D	E	E	D	E	D	E	B
110 <sub>t</sub>	lupeol			D					E		E		E	E			F	
111 <sub>0</sub>	Δ7-avenasterol	E	E	F	E	F			F	F	D	E	E	D	F		F	E
112 <sub>t</sub>	unknown_2374															E		
114 <sub>2</sub>	unknown_2380							E										
130 <sub>2</sub>	24-methylenecycloartenol	B	D	E	D	F	A	E	E	F	E	E	E	D	E	E	E	D
138 <sub>2</sub>	unknown_2439													E				
139 <sub>t</sub>	unknown_2442											E				E		F
142 <sub>1</sub>	citrostadienol	E	D	E	E	F	D		E	F	E	E	E	C	E	E	E	D
146 <sub>2</sub>	cyclobranol	E			E		D		E						E			E
	Σ sterols detected	30	29	26	30	31	23	19	28	26	32	23	28	30	23	23	19	33
	main sterol [mg/100g oil]	140	140	480	160	370	120	33	91	390	150	400	110	24	86	38	93	210
	total content [mg/100g oil]	310	300	520	470	680	220	41	120	650	280	530	180	380	95	73	99	420
	total number of analyzed oils	1	2	1	1	1	1	1	2	8	2	1	1	1	1	1	1	1

The sterols in the oils were classified according to their relative percentage to the total peak area [%]. Sterol abundance: A) >25%, B) 10-25%, C) 5-10%, D) 1-5%, E) 0.1-1%, F) >0.1%, X) no correction factors available, Z) coelution. A further distinction was made for β-sitosterol: A<sup>a</sup>) >70%, A<sup>b</sup>) 60-70%). a-1) black cumin oil, a-2) borage oil, a-3) evening primrose oil, a-4) linseed oil, a-5) mustard oil, a-6) olive oil, a-7) palm oil, a-8) poppy seed oil, a-9) rapeseed oil, a-10) safflower oil, a-11) sesame oil, a-12) soybean oil, a-13) sunflower oil, b-14) almond oil, b-15) brazil nut, b-16) hazelnut oil, b-17) kukui nut oil.

Nr.	compound	(b) nut oils						(c) grain oils					(d) fruit oils			
		b-18	b-19	b-20	b-21	c-22	c-23	c-24	c-25	c-26	c-27	d-28	d-29	d-30	d-31	d-32
2 <sub>0</sub>	cholesterol	F	F	F	F	F	F	F	F	F	F	F	F	F	F	F
9 <sub>0</sub>	brassicasterol		F	F						F	F					
14 <sub>0</sub>	lathosterol								F	F	F					
21 <sub>0</sub>	unknown_2204								F		F					
23 <sub>0</sub>	24-methylenecholesterol	F	F				F	F	F	F	F	E		F	F	
25 <sub>0</sub>	campesterol/ dihydrobrassicasterol	D	C	D	E	D	C	B	C	<b>B</b>	B	E	D	E	D	E
30 <sub>0</sub>	unknown_2228	F														
34 <sub>0</sub>	campestanol/ ergostanol	F	F	F		F	F	E	F	D	E	F		F	F	F
38 <sub>0</sub>	Δ8-campesterol/ ergost-8-enol								F		F					
39 <sub>0</sub>	stigmasterol/ poriferasterol	D	C	E	F	F	D	D	E	C	E	F	F		D	F
47 <sub>0</sub>	stigmasterol-22-enol		F					F		F	F				F	
50 <sub>0</sub>	unknown_2261								F							
55 <sub>0</sub>	campesta-5,24(25)-dienol	F, Z	Z				F, Z	Z	F, Z	E	F, Z	Z	F, Z		Z	
56 <sub>0</sub>	unknown_2270b	Z	F, Z				Z	F, Z	Z		Z	F, Z	Z		F, Z	
59 <sub>0</sub>	Δ7-campesterol/ ergosta-7-enol (fungisterol)	E	E, Z	F		F	F	F	F	D, Z	E	F		F	F	F
60 <sub>0</sub>	unknown_2279		Z			F	F			Z		F	F			
61 <sub>0</sub>	unknown_2282	Z		Z						Z				Z		Z
63 <sub>0</sub>	clerosterol	E, Z	E	E, Z	F	E	F	E	E	E, Z	E	E	E	F, Z	E	F, Z
66 <sub>2</sub> /67 <sub>1</sub>	lanosterol/obtusifoliol	D	E	E	E	E	E	E	E	E	E	F	E	E	E	E
68 <sub>0</sub>	β-sitosterol/ clionasterol	<b>A<sup>a</sup></b>	<b>A<sup>a</sup></b>	<b>A<sup>a</sup></b>	<b>A<sup>a</sup></b>	<b>A<sup>a</sup></b>	<b>A<sup>a</sup></b>	<b>A<sup>a</sup></b>	<b>A<sup>a</sup></b>	<b>A<sup>a</sup></b>	<b>A<sup>a</sup></b>	<b>A<sup>a</sup></b>	<b>A<sup>a</sup></b>	<b>A<sup>a</sup></b>	<b>A<sup>a</sup></b>	<b>A<sup>a</sup></b>
76 <sub>0</sub>	sitostanol	E	E	E	E	E	D	D	E	D	D	D	E	D	D	D
77 <sub>0</sub>	Δ5-avenasterol (isofucosterol)	D	D	D	D	D	D	D	D	D	D	C	D	D	D	D
80 <sub>0</sub>	β-amyrin	E	E	E		E	E	E	E	F	E			F	D	F
81 <sub>0</sub>	Δ8-sitosterol	E	F	F			F		F	F	F			F	F	F
85 <sub>2</sub>	butyrospermol								E						E	
86 <sub>0</sub>	stigmasterol-5,24(25)-dienol	E	E	E	E	E	E	E	E	E	E	E	E	E	E	F
89 <sub>2</sub>	unknown_2341								E							
94 <sub>2</sub>	unknown_2344								E							
97	unknown_2349		Z													
99 <sub>2</sub>	24-methylene-24,25- dihydrolanosterol		Z	Z			Z	Z	Z	Z	Z	Z		F, Z	E, Z	E, Z
100 <sub>1</sub>	gramisterol	E	F, Z	E, Z			D, Z	F, Z	E, Z	D, Z	E, Z	E, Z	E,	Z	Z	Z
104 <sub>0</sub>	Δ7-sitosterol	D	E	E		F, Z	F	F	E	D	E	F	F, Z	E	E	E
105 <sub>2</sub>	unknown_2361					Z						Z				
106 <sub>1</sub>	α-amyrin	E	E	E		F, Z	E	F	E	E	E			F	E	F
107 <sub>1</sub>	cycloeucaleanol								E			E				F
108 <sub>2</sub>	tirucalol					E										
109 <sub>2</sub>	cycloartenol	D	D	D	B	E	D	E	D	C	E	F	D	E	C	E
110 <sub>1</sub>	lupeol	E	E	D							F				E	F
111 <sub>0</sub>	Δ7-avenasterol	E	E	F			E	F	E	E	F			E	E	E
116 <sub>2</sub>	unknown_2385								E							
118 <sub>2</sub>	unknown_2395								D							
122 <sub>2</sub>	unknown_2403															E
124 <sub>2</sub>	unknown_2407a								D							
128 <sub>2</sub>	unknown_2417							E	C							
130 <sub>2</sub>	24-methylenecycloartenol	E	E	D	E	E	E	E	E	C	E	E	D	D	D	C
131 <sub>1</sub>	unknown_2424a								E							
137 <sub>1</sub>	unknown_2436															
138 <sub>2</sub>	unknown_2439	F							E		F					F
141 <sub>1</sub>	erythrodiol														X	
142 <sub>1</sub>	citrostadienol	D	E	E	E	E	E	E	E	E	E	D	D	E	E	E
144 <sub>2</sub>	unknown_2456								D							
146 <sub>2</sub>	cyclobranol			E			E		C							F
149 <sub>2</sub>	unknown_2510															X
150 <sub>2</sub>	unknown_2524															X
	Σsterols detected	27	29	25	12	20	26	25	28	40	29	25	19	20	27	30
	main sterol [mg/100g oil]	160	160	140	110	180	250	740	290	700	1070	150	400	370	190	270
	total content [mg/100g oil]	200	210	160	130	200	320	1000	370	2010	1410	170	450	410	270	310
	total number of analyzed oils	2	1	1	1	1	1	1	1	2	1	2	2	2	2	1

The sterols in the oils were classified according to their relative percentage to the total peak area [%]. Sterol abundance: A) >25%, B) 10-25%, C) 5-10%, D) 1-5%, E) 0.1-1%, F) >0.1%, X) no correction factors available, Z) coelution. A further distinction was made for β-sitosterol: A<sup>a</sup>) >70%, A<sup>b</sup>) 60-70%). b-18) macadamia nut oil, b-19) peanut oil, b-20) pistachio oil, b-21) walnut oil, c-22) beechnut oil, c-23) chia oil, c-24) corn oil, c-25) hemp oil, c-26) rice bran oil, c-27) wheat germ oil, d-28) apricot kernel oil, d-29) avocado oil, d-30) (sour) cherry seed oil, d-31) grape seed oil, d-32) mahaleb cherry seed oil.

Nr.	compound	(d) fruit oils										(e) residual oils						
		d-33	d-34	d-35	d-36	d-37	d-38	d-39	d-40	e-41	e-42	e-43	e-44	e-45	e-46	e-47	e-48	e-49
2 <sub>0</sub>	cholesterol	F	F	F	F	E	F	F	E	E	F	F	F	E	E	F	F	
9 <sub>0</sub>	brassicasterol	E							E			C				F		
14 <sub>0</sub>	lathosterol					F												
23 <sub>0</sub>	24-methylenecholesterol	F	F	F		F	F	F	E		F	E	F	F	F	F	F	
25 <sub>0</sub>	campesterol/ dihydrobrassicasterol	D	D	E	D	D	D	C	C	C	D	<b>B</b>	D, Z	D	D	D	D	C
28 <sub>1</sub>	unknown_2224											Z						
29 <sub>0</sub>	unknown_2227		E										E				E	
34 <sub>0</sub>	campestanol/ ergostanol	E	F	F	F	F	F	F	F		F	F	F	F	F	F	F	E
38 <sub>0</sub>	Δ8-campesterol/ ergost-8-enol		F									F						
39 <sub>0</sub>	stigmasterol/ poriferasterol	<b>B</b>	D	E	E	E	E	E	D	E	E	F	D	D	E	D	E	D
44 <sub>1</sub>	unknown_2251				F			F										
45 <sub>1</sub>	unknown_2251b					F												
47 <sub>0</sub>	stigmasterol-22-enol	E	F	F		F			F				F				F	
52 <sub>0</sub>	unknown_2267											F						
55 <sub>0</sub>	campesta-5,24(25)-dienol	Z	F, Z		F, Z	F, Z	F, Z	F, Z	Z	Z		Z	F, Z	F, Z	Z	Z		F, Z
56 <sub>0</sub>	unknown_2270b	F, Z	Z		Z	Z	Z	Z	F, Z	F, Z		F, Z	Z	Z	F, Z	F, Z		Z
59 <sub>0</sub>	Δ7-campesterol/ ergosta-7-enol (fungisterol)	E	E		F	F	E	F	F	F	F	F	E	E	F	F	F	E
61 <sub>0</sub>	unknown_2282		Z		Z							Z	Z				Z	Z
63 <sub>0</sub>	clerosterol	E	E, Z	E	E, Z	E	E	E	E	E	E	F	E, Z	E, Z	E	E	F, Z	E, Z
66 <sub>2</sub> /67 <sub>1</sub>	lanosterol/obtusifolol	E	D	E	E	D	E	E	E	F	F	E	D	D	F	E	E	E
68 <sub>0</sub>	β-sitosterol/ clionasterol	<b>A</b>	<b>A<sup>b</sup></b>	<b>A<sup>a</sup></b>	<b>A<sup>a</sup></b>	<b>A<sup>a</sup></b>	<b>A<sup>a</sup></b>	<b>A<sup>a</sup></b>	<b>A<sup>a</sup></b>	<b>A<sup>b</sup></b>	<b>A<sup>a</sup></b>	<b>A<sup>b</sup></b>	<b>A<sup>a</sup></b>	<b>A<sup>a</sup></b>	<b>A<sup>a</sup></b>	<b>A<sup>a</sup></b>	<b>A<sup>a</sup></b>	<b>A<sup>b</sup></b>
74 <sub>t</sub>	δ-amyrin					E						D						
76 <sub>0</sub>	sitostanol	E	E	E	E	E	E	E	E	F	E	F	F	E	E	E	E	E
77 <sub>0</sub>	Δ5-avenasterol (isofucosterol)	D	E	D	D	D	D	D	D	D	D	E	E	E	D	C	D	E
80 <sub>t</sub>	β-amyrin	D	E	F	F	E	E	E	E	E	E	F	<b>B</b>	E	E	D	F	F
81 <sub>0</sub>	Δ8-sitosterol	F	E		F	F	F	F	F	F	F	F	E	E			F	F
85 <sub>2</sub>	butyrospermol	<b>B</b>	F		E		E	E	F				<b>B</b>			E	D	F
86 <sub>0</sub>	stigmasterol-5,24(25)-dienol	E	E	E	F	E	E	E	E	F	F	F	F	F		E	E	E
94 <sub>2</sub>	unknown_2344		E					F		E			E	F			E	
97	unknown_2349							X, Z		X								
98 <sub>t</sub>	unknown_2351											Z						
99 <sub>2</sub>	24-methylene-24,25- dihydrolanosterol		Z	Z	Z	Z	Z	Z				Z	Z		Z		Z	
100 <sub>1</sub>	gramisterol	E	D, Z	E, Z	E, Z	E, Z	E, Z	E, Z	E, Z			F	E, Z	E, Z		E, Z		D, Z
101 <sub>2</sub>	unknown_2357a		Z															
102 <sub>2</sub>	unknown_2357b								E									
104 <sub>0</sub>	Δ7-sitosterol	D	C	F, Z	E, Z	E	D	E	E	E	E	F	C	D	F	E	E	D
105 <sub>2</sub>	unknown_2361				Z													
106 <sub>t</sub>	α-amyrin	E	D		E, Z	E	D	E	E		E	F	D	D	E	E	F	E
107 <sub>1</sub>	cycloeculanol	E			E						E						E	
108 <sub>2</sub>	tirucallol					E						<b>A</b>						
109 <sub>2</sub>	cycloartenol	D	C	E	D	D	D	C	E	B	F	E		D	E	D	F	D
110 <sub>t</sub>	lupeol	E	E	F	D		D		E					E	E			
111 <sub>0</sub>	Δ7-avenasterol	D	D		E	E	E	E	E		F		D	D	F	E	E	E
116 <sub>2</sub>	unknown_2385																	E
117 <sub>1</sub>	unknown_2386												D					
118 <sub>2</sub>	unknown_2395																	D
122 <sub>2</sub>	unknown_2403				F													
124 <sub>2</sub>	unknown_2407a																	E
128 <sub>2</sub>	unknown_2417																	D
130 <sub>2</sub>	24-methylenecycloartanol	E	D	E	E	E	E	E	E	E	F	F	E	D	E	E	F	D
131 <sub>2</sub>	unknown_2424a																	E
138 <sub>2</sub>	unknown_2439		E	F	F	F								E				E
139 <sub>t</sub>	unknown_2442						E						D			D		
140 <sub>2</sub>	unknown_2444		E			F												
141 <sub>t</sub>	erythrodiol													X				
142 <sub>1</sub>	citrostadienol	D	C	E	D	D	E	E	E	F	F		D	D	E	E	E	D
144 <sub>2</sub>	unknown_2456																	E
146 <sub>2</sub>	cyclobranol		E															D
	Σsterols detected	28	34	22	31	29	29	27	28	19	22	23	33	29	22	27	22	37
	main sterol [mg/100g oil]	190	140	170	280	350	320	220	190	140	340	350	150	230	390	180	280	350
	total content [mg/100g oil]	460	240	180	320	420	430	280	230	210	370	500	550	320	420	230	310	550
	total number of analyzed oils	1	1	1	2	1	2	2	1	1	2	1	3	1	1	1	1	3

The sterols in the oils were classified according to their relative percentage to the total peak area [%]. Sterol abundance: A) >25%, B) 10-25%, C) 5-10%, D) 1-5%, E) 0.1-1%, F) >0.1%, X) no correction factors available, Z) coelution. A further distinction was made for β-sitosterol: A<sup>a</sup>) >70%, A<sup>b</sup>) 60-70%). d-33) passion fruit oil, d-34) peach seed oil, d-35) plum seed oil, d-36) pomegranate seed oil, d-37) prickly pear seed oil, d-38) raspberry

seed oil, d-39) rose hip seed oil, d-40) St. John's wort oil, e-41) acrocomia oil, e-42) baobab oil, e-43) broccoli seed oil, e-44) tea seed oil (*camellia sinensis* oil), e-45) tea seed oil (*camellia oleifera* oil), e-46) cottonseed oil, e-47) marigold oil, e-48) mongongo oil, 49) moringa oil.

Nr.	compound	(e) residual oils					(f) solanaceae					(g) fats		
		e-50	e-51	e-52	e-53	e-54	f-55	f-56	f-57	g-58	g-59	g-60	g-61	g-62
2 <sub>0</sub>	cholesterol	E	F	F	F	C	E	D	E	E	E	E		<b>A</b>
3 <sub>0</sub>	cholestanol (5 $\alpha$ )						F	E	F					E
4 <sub>0</sub>	unknown_2140						F	F		F				
5 <sub>0</sub>	$\Delta$ 8-cholesterol						F	F	F					F
6 <sub>0</sub>	unknown_2150													F
7 <sub>0</sub>	desmosterol													E
9 <sub>0</sub>	brassicasterol				E							F		
11 <sub>0</sub>	unknown_2176						F	F	F					
14 <sub>0</sub>	lathosterol				F	F	E	F	F		F			E
17 <sub>1</sub>	unknown_2188								F					
20 <sub>1</sub>	I. 4 $\alpha$ -methyl-24(25)-dihydrozymosterol					F	E	E	F					
21 <sub>0</sub>	unknown_2204													
22 <sub>1</sub>	31-nor-24(25)-dihydrolanosterol					F	E	E	E					
23 <sub>0</sub>	24-methylenecholesterol	E	F		F	Z	Z		Z	F		F		
25 <sub>0</sub>	campesterol/ dihydrobrassicasterol	D	D	E	C	D	D	D	D	D	D	D		
34 <sub>0</sub>	campestanol/ ergostanol		F		F	F	F	F	F	F		F		
35 <sub>0</sub>	ergosta-7,22-dienol					F								
37 <sub>2</sub>	dihydroagnosterol													E
38 <sub>0</sub>	$\Delta$ 8-campesterol/ ergost-8-enol			F		E								
39 <sub>0</sub>	stigmasterol/ poriferasterol	C	B	F	C	D	D	D	D	B	C	D		
43 <sub>2</sub>	parkeol												E	
44 <sub>1</sub>	unknown_2251							E						
45 <sub>1</sub>	unknown_2251b						E		E					
47 <sub>0</sub>	stigmasterol-22-enol		F		F					F		F		
48 <sub>1</sub>	lophenol					F, Z	E	D	E					
49 <sub>2</sub>	dihydrolanosterol					Z	<b>B</b>	C	D					<b>B</b>
55 <sub>0</sub>	campesta-5,24(25)-dienol	F, Z			Z		E, Z	F, Z	F, Z			Z		
56 <sub>0</sub>	unknown_2270b	Z			F, Z		Z	Z	Z			F, Z		
57 <sub>0</sub>	ergosta-7,24(24 <sup>1</sup> )-dienol (episterol)					E								
58 <sub>0</sub>	unknown_2271			F										
59 <sub>0</sub>	$\Delta$ 7-campesterol/ ergosta-7-enol (fungisterol)	F		F	E	D						F		
60 <sub>0</sub>	unknown_2279						F	F						
61 <sub>0</sub>	unknown_2282					Z	Z	Z	Z					
62 <sub>2</sub>	agnosterol													E
63 <sub>0</sub>	clerosterol	E	E	E	E	F, Z	F, Z	F, Z	F, Z	F	E	E		
65 <sub>2</sub>	unknown_2292													D
66 <sub>2</sub> /67 <sub>1</sub>	lanosterol/obtusifoliol	E	F	D	E	E	C	E	E	F		E	F	<b>A</b>
68 <sub>0</sub>	$\beta$ -sitosterol/ clionasterol	<b>A<sup>b</sup></b>	<b>A<sup>a</sup></b>	<b>A</b>	<b>A<sup>a</sup></b>	<b>A</b>	<b>A</b>	<b>A</b>	<b>A</b>	<b>A<sup>a</sup></b>	<b>A</b>	<b>A<sup>a</sup></b>	F	
74 <sub>1</sub>	$\delta$ -amyirin			E				E						D
76 <sub>0</sub>	sitostanol	E	E	E	E	E	F	E	F	E	E	E		
77 <sub>0</sub>	$\Delta$ 5-avenasterol (isofucosterol)	D	D	E	E	E	D	D	D	E	<b>B</b>	D		
79 <sub>2</sub>	unknown_2316												E	
80 <sub>1</sub>	$\beta$ -amyirin	D	F	D	E	D	D	D	E	Z		E	C	
81 <sub>0</sub>	$\Delta$ 8-sitosterol			F	F	E	F		Z			F		
82 <sub>2</sub>	cycloartanol						C	<b>A</b>	<b>B, Z</b>					
85 <sub>2</sub>	butyrospermol	C		E		E	E						<b>B</b>	
86 <sub>0</sub>	stigmasterol-5,24(25)-dienol	E	F	F	F	E	E	E	F		E	F		
92 <sub>1</sub>	unknown_2343	E												
93 <sub>0</sub>	stigmasterol-7,25-dienol					F								
94 <sub>2</sub>	unknown_2344			F			F	F					D	
97	unknown_2349		Z							F				
99 <sub>2</sub>	24-methylene-24,25-dihydrolanosterol	E, Z		E, Z	Z	Z	E, Z		Z			F		
100 <sub>1</sub>	gramisterol	Z	F, Z	Z	F, Z	F, Z	Z	F	E, Z					
102 <sub>2</sub>	unknown_2357b						E	E						
104 <sub>0</sub>	$\Delta$ 7-sitosterol	E	F	E	E	<b>B</b>			D	F		F	E	
106 <sub>1</sub>	$\alpha$ -amyirin	E	F	D	F	D		F	F	Z		F	<b>A</b>	
107 <sub>1</sub>	cycloeucaalenol		F	D										
108 <sub>2</sub>	tirucalol	E												
109 <sub>2</sub>	cycloartenol	E	F	E	E	D	<b>A</b>	C	C	E	<b>B</b>	E		
110 <sub>1</sub>	lupeol			E		E	D					F	<b>B</b>	
111 <sub>0</sub>	$\Delta$ 7-avenasterol	E	F	E	E	D				F		F		

112 <sub>t</sub>	unknown_2374	Z													
115 <sub>t</sub>	unknown_2381							D							
116 <sub>2</sub>	unknown_2385														
117 <sub>t</sub>	unknown_2386												E		
118 <sub>2</sub>	unknown_2395														
122 <sub>2</sub>	unknown_2403			D											
123 <sub>1</sub>	unknown_2405							E							
124 <sub>2</sub>	unknown_2407a														
125 <sub>2</sub>	unknown_2407b												E		
127 <sub>2</sub>	unknown_2414														
128 <sub>2</sub>	unknown_2417														
129	unknown_2420								Z						
130 <sub>2</sub>	24-methylenecycloartanol	D	E	A	E	D	E	F	D		C	E	E		
131 <sub>1</sub>	unknown_2424a								E						
133 <sub>2</sub>	unknown_2426			E											
134 <sub>2</sub>	unknown_2431	Z													
136	unknown_2434									Z					
138 <sub>2</sub>	unknown_2439			E					B						
139 <sub>t</sub>	unknown_2442					F								D	
141 <sub>t</sub>	erythrodiol			X											
142 <sub>1</sub>	citrostadienol	F	E	D	E	E	F	E	C		E	E			
144 <sub>2</sub>	unknown_2456												E		
145 <sub>2</sub>	unknown_2469			E											
146 <sub>2</sub>	cyclobranol			E					E		D				
147 <sub>t</sub>	uvaol			Z											
149 <sub>2</sub>	unknown_2510			X											
150 <sub>2</sub>	unknown_2524			X											
	Σsterols detected		27	22	36	26	35	37	34	39	21	12	27	16	11
	main sterol [mg/100g oil]	450	160	740	260	220	420	120	610	160	26	210	860	8380	
	total content [mg/100g oil]	650	220	1490	7340	400	1340	310	1590	220	61	240	1510	17500	
	total number of analyzed oils	3	1	4	1	1	1	1	1	1	1	1	1	3	1

The sterols in the oils were classified according to their relative percentage to the total peak area [%]. Sterol abundance: A) >25%, B) 10-25%, C) 5-10%, D) 1-5%, E) 0.1-1%, F) >0.1%, X) no correction factors available, Z) coelution. A further distinction was made for  $\beta$ -sitosterol: A<sup>a</sup>) >70%, A<sup>b</sup>) 60-70%). e-50) neem oil, e-51) sacha inci oil, e-52) sea buckthorn pulp oil, e-53) tiger nut oil, e-54) milk thistle oil, f-55) chili seed oil, f-56) tomato seed oil, f-57) eggplant, g-58) cocoa butter, g-59) coconut oil, g-60) cupuacu butter, g-61) shea butter, g-62) lanolin.

Nr.	compound	(h) seasoning		(i) spinasterol containing oils					(j) extra	
		h-63	h-64	i-65	i-66	i-67	i-68	i-69	i-70	
2 <sub>0</sub>	cholesterol	E	F	F	F	F	F		F	
7 <sub>0</sub>	desmosterol								F	
8 <sub>0</sub>	unknown_2153								F	
9 <sub>0</sub>	brassicasterol			F					A	
12 <sub>0</sub>	unknown_2176b								E	
13 <sub>0</sub>	ergosta-7,14,22-trienol								E	
15 <sub>0</sub>	zymosterol								F	
16 <sub>0</sub>	24-methylene-ergosta-5,22,24-trienol								E	
19 <sub>0</sub>	ergosterol								A	
21 <sub>0</sub>	unknown_2204					F		E		
23 <sub>0</sub>	24-methylenecholesterol	E				F		C	E	
24 <sub>0</sub>	stellaesterol			F						
25 <sub>0</sub>	campesterol/ dihydrobrassicasterol	D	D	D	F	E	E		D	
29 <sub>0</sub>	unknown_2227			F		E				
31 <sub>t</sub>	unknown_2229									
32 <sub>0</sub>	24(24 <sup>1</sup> )-dehydroergosterol								E	
33 <sub>0</sub>	ergosta-8,24(24 <sup>1</sup> )-dienol (fecosterol)								F	
34 <sub>0</sub>	campestanol/ ergostanol	F	F	F	F	F	F			
35 <sub>0</sub>	ergosta-7,22-dienol			E					E	
36 <sub>0</sub>	5-dehydroepisterol								F	
38 <sub>0</sub>	$\Delta$ 8-campesterol/ ergost-8-enol			D		F			E	
39 <sub>0</sub>	stigmasterol/ poriferasterol	D	E	D	E	E	E		E	
40 <sub>0</sub>	unknown_2242								F	
41 <sub>0</sub>	unknown_2243									
46 <sub>0</sub>	unknown_2253							F		
47 <sub>0</sub>	stigmasta-22-enol			E	F					
50 <sub>0</sub>	unknown_2261			E						
51 <sub>0</sub>	ergosta-5,7-dienol								E	

52 <sub>0</sub>	unknown_2267			D	E	F	F		
55 <sub>0</sub>	campesta-5,24(25)-dienol	F, Z						D	
56 <sub>0</sub>	unknown_2270b	Z							
57 <sub>0</sub>	ergosta-7,24(24 <sup>1</sup> )-dienol (episterol)			D					E
59 <sub>0</sub>	Δ <sup>7</sup> -campesterol/ ergosta-7-enol (fungisterol)			<b>B</b>	E	E, Z	E		E
60 <sub>0</sub>	unknown_2279					Z		F	
61 <sub>0</sub>	unknown_2282			Z	F		E		
63 <sub>0</sub>	clerosterol	E	E	F, Z		D		E	
64 <sub>0</sub>	unknown_2285								
66 <sub>2</sub> /67 <sub>1</sub>	lanosterol/obtusifolol	E	E	E	E	E		F	F
68 <sub>0</sub>	β-sitosterol/ clionasterol	<b>A</b>	<b>A</b>				<b>B</b>		F
69 <sub>0</sub>	stigmasta-7,22,25-trienol					Z			
70 <sub>0</sub>	spinasterol			<b>A</b>	<b>A</b>	<b>A, Z</b>	<b>C</b>		
71 <sub>0</sub>	fucosterol							<b>A</b>	
72 <sub>0</sub>	unknown_2309					D			
74 <sub>t</sub>	δ-amyirin	D	D		D				
76 <sub>0</sub>	sitostanol	E	E	E, Z	E, Z	E	D		
77 <sub>0</sub>	Δ <sup>5</sup> -avenasterol (isofucosterol)	D	D	F, Z	Z	E	E	E	
78 <sub>0</sub>	stigmasta-7,24-dienol			Z					F
80 <sub>t</sub>	β-amyirin	D	<b>B</b>	E	C	D	E		
81 <sub>0</sub>	Δ <sup>8</sup> -sitosterol	F	F	D	D	E	D		
84 <sub>0</sub>	unknown_2327							F	
85 <sub>2</sub>	butyrospermol	D	D	E	C		D		
86 <sub>0</sub>	stigmasta-5,24(25)-dienol			E				D	
87 <sub>0</sub>	unknown_2339					E	E		
88 <sub>t</sub>	unknown_2340	E	E						
93 <sub>0</sub>	stigmasta-7,25-dienol			E	E	<b>A</b>			
96 <sub>t</sub>	unknown_2348					D			
97 <sub>t</sub>	unknown_2349	E							
98 <sub>t</sub>	unknown_2351		E						
99 <sub>2</sub>	24-methylene-24,25-dihydrolanosterol	Z							F
100 <sub>1</sub>	gramisterol			D					
101 <sub>2</sub>	unknown_2357a					E			
104 <sub>0</sub>	Δ <sup>7</sup> -sitosterol	D	E	D	<b>B</b>	D	<b>A</b>		
106 <sub>t</sub>	α-amyirin	<b>B</b>	<b>B</b>		D	E			
107 <sub>1</sub>	cycloeucalenol			E					
108 <sub>2</sub>	tirucallol	C	C	E	<b>B</b>				
109 <sub>2</sub>	cycloartenol	E		E		D	<b>B</b>	F	
110 <sub>t</sub>	lupeol					E	F		
111 <sub>0</sub>	Δ <sup>7</sup> -avenasterol	E	E	<b>B</b>	D	<b>B</b>	C		
113 <sub>1</sub>	unknown_2375								E
117 <sub>1</sub>	unknown_2386						E		
126 <sub>1</sub>	unknown_2409			E					
130 <sub>2</sub>	24-methylenecycloartanol	E	E	D	E	E	D		
131 <sub>1</sub>	unknown_2424a								
135 <sub>2</sub>	24-methylsterol								F
137 <sub>1</sub>	unknown_2436			F					
139 <sub>t</sub>	unknown_2442	D	D		E				
141 <sub>t</sub>	erythrodiol	X	X						
142 <sub>1</sub>	citrostadienol	D	D	D	E		E		
146 <sub>2</sub>	cyclobranol			E					
147 <sub>t</sub>	uvaol	X	X						
	Σsterols detected	29	24	37	26	30	20	12	27
	main sterol [mg/100g oil]	1240	1190	1060	110	140	4290	2400	8650
	total content [mg/100g oil]	2320	2190	2170	2890	340	9280	270	13100
	total number of analyzed oils	1	1	2	5	2	2	1	1

The sterols in the oils were classified according to their relative percentage to the total peak area [%]. Sterol abundance: A) >25%, B) 10-25%, C) 5-10%, D) 1-5%, E) 0.1-1%, F) >0.1%, X) no correction factors available, Z) coelution. A further distinction was made for β-sitosterol: A<sup>a</sup>) >70%, A<sup>b</sup>) 60-70%). h-63) marjoram, h-64) thymus, i-65) amaranth oil, i-66) argan oil, i-67) pumpkin seed oil, i-68) quinoa, j-69) wakame, j-70) truffle.

Table S4: Additional samples not being definitely authentic.

Nr.	compound	(k) authenticity not secured			(l) not authentic	
		k-46	k-71	k-72	l-73	l-74
2 <sub>0</sub>	cholesterol	F			F	F
9 <sub>0</sub>	brassicasterol					F
21 <sub>0</sub>	unknown_2204					F
23 <sub>0</sub>	24-methylenecholesterol					F
25 <sub>0</sub>	campesterol/ dihydrobrassicasterol	A				C
31 <sub>t</sub>	unknown_2229		A	A		
34 <sub>0</sub>	campestanol/ ergostanol	B				E
39 <sub>0</sub>	stigmasterol/ poriferasterol	F		Z		B
41 <sub>0</sub>	unknown_2243			E, Z		
43 <sub>2</sub>	parkeol				E	
42 <sub>0</sub>	unknown_2244					
47 <sub>0</sub>	stigmasta-22-enol					F
49 <sub>2</sub>	dihydrolanosterol	F				
52 <sub>0</sub>	unknown_2267			E		
55 <sub>0</sub>	campesta-5,24(25)-dienol	Z				E, Z
56 <sub>0</sub>	unknown_2270b	Z				Z
59 <sub>0</sub>	$\Delta$ 7-campesterol/ ergosta-7-enol (fungisterol)	F	F	E		E, Z
60 <sub>0</sub>	unknown_2279					Z
61 <sub>0</sub>	unknown_2282					Z
63 <sub>0</sub>	clerosterol					E, Z
64 <sub>0</sub>	unknown_2285			E		
66 <sub>2</sub> /67 <sub>1</sub>	lanosterol/obtusifolol		E	E	E	E
68 <sub>0</sub>	$\beta$ -sitosterol/ clionasterol	A			E	A
69 <sub>0</sub>	stigmasta-7,22,25-trienol		Z	Z		
70 <sub>0</sub>	spinasterol		B, Z	B, Z		
72 <sub>0</sub>	unknown_2309		E	E		
74 <sub>t</sub>	$\delta$ -amyrin		F		D	
76 <sub>0</sub>	sitostanol	B		F		E
77 <sub>0</sub>	$\Delta$ 5-avenasterol (isofucosterol)			E		D
79 <sub>2</sub>	unknown_2316				E	
80 <sub>t</sub>	$\beta$ -amyrin	F	E	F	D	E
81 <sub>0</sub>	$\Delta$ 8-sitosterol	E				F
82 <sub>2</sub>	cycloartanol					
85 <sub>2</sub>	butyrospermol			E	B	F
86 <sub>0</sub>	stigmasta-5,24(25)-dienol	F				E
92 <sub>0</sub>	stigmasta-7,25-dienol		D	B		
94 <sub>2</sub>	unknown_2344				D	E
96 <sub>t</sub>	unknown_2348		E			
97 <sub>7</sub>	unknown_2349	F				
99 <sub>2</sub>	24-methylene-24,25- dihydrolanosterol					Z
100 <sub>1</sub>	gramisterol					F, Z
102 <sub>2</sub>	unknown_2357b					Z
104 <sub>0</sub>	$\Delta$ 7-sitosterol	F	E	E	E	E, Z
106 <sub>t</sub>	$\alpha$ -amyrin	F	E	E	A	E, Z
107 <sub>1</sub>	cycloeucaleanol		D	F		
109 <sub>2</sub>	cycloartenol		E	E		C
110 <sub>t</sub>	lupeol		E		B	
111 <sub>0</sub>	$\Delta$ 7-avenasterol		E	E		E
116 <sub>2</sub>	unknown_2385					E
117 <sub>t</sub>	unknown_2386				E	
118 <sub>2</sub>	unknown_2395					D
120 <sub>2</sub>	unknown_2402	F				
123 <sub>2</sub>	unknown_2407a					D
124 <sub>2</sub>	unknown_2407b				Z	
126 <sub>2</sub>	unknown_2414				E	
127 <sub>2</sub>	unknown_2417					D
130 <sub>2</sub>	24-methylenecycloartanol		E		E	D
132 <sub>1</sub>	unknown_2424a		E			E
133 <sub>2</sub>	unknown_2424b	E				
139 <sub>1</sub>	unknown_2439	F				E
140 <sub>t</sub>	unknown_2442				C	
142 <sub>1</sub>	citrostadienol					D
143 <sub>t</sub>	unknown_2454					
144 <sub>2</sub>	unknown_2456				E	D
146 <sub>2</sub>	cyclobranol					C

	Σsterols detected	19	18	20	18	40
	main sterol [mg/100g oil]	280	88	79	170	150
	total content [mg/100g oil]	620	120	130	340	360
	total number of analyzed oils	2	1	2	1	1

The sterols in the oils were classified according to their relative percentage to the total peak area [%]. Sterol abundance: A) >25%, B) 10-25%, C) 5-10%, D) 1-5%, E) 0.1-1%, F) >0.1%, X) no correction factors available, Z) coelution. A further distinction was made for  $\beta$ -sitosterol: A<sup>a</sup>) >70%, A<sup>b</sup>) 60-70%). k-46) hydrogenated cottonseed oil, k-71) nara oil, k-72) watermelon oil, l-73) mangobutter, l-74) tamanu oil.

## References

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